

# atlas buffet menu

Here at Atlas, we are passionate about food. We offer an extensive menu of business lunches and buffets suitable for all occasions.

Independently owned and situated in the heart of Nottingham, we carefully source our ingredients from a wide range of suppliers to ensure our food is unrivalled in the city.

*"Everything that could be said about Atlas has been said over the years, but quite simply it's the natural choice for anyone wanting a lunchtime bite"... and the "best coffee in Nottingham"*  
*Hardens Restaurant Guide 2014*

*"Great food, great coffee, great staff who care about the produce and the customer experience. Highly recommended."*  
*Google Review ★★★★★*

*"For lunch this is one of the top places in the city centre. Independent and affordable, the quality is right up there and the coffee is amazing. Try something new that you might not think of at first off the menu and you won't be disappointed!"*  
*Trip Advisor May 2014 ○○○○○*



## Atlas Signature Buffets

Minimum 8 people

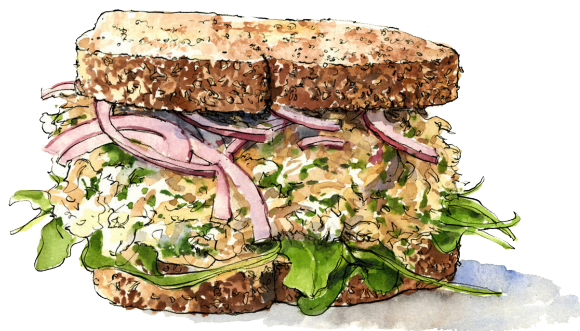
Breakfast Meeting  
£6.45 pp  
Selection of pastries and muffins  
Fresh fruit platter

Express Lunch  
£6.85 pp  
An appetizer, a sandwich and a slice of cake

Go Large Express Lunch  
£8.95 pp  
As Express Lunch but with one and a half rounds of sandwiches and a piece of fruit

Boardroom Meeting  
£11.45 pp  
An appetizer, a sandwich, a side salad, a piece of fruit and a slice of cake

Atlas Sandwich Platter  
£27.20 for 8 people  
A mix of vegetarian and non vegetarian sandwiches  
Each additional person add £3.40



Atlas Side Salads  
£2.45 pp  
Minimum 8 persons per dish  
Each additional person add £2.45

Pesto Pasta Salad with Sun Sweet Tomatoes, Parmesan and Seeds  
**Potato Salad with Spinach, Crispy Bacon, and Sweet Mustard Ketchup**  
Vegetable Rice Salad  
**Blue Cheese, Walnuts and Bacon with Mayo**

Fresh Fruit Platter  
£23.60 for 8 people  
Each additional person add £2.95

## Party Buffet

Any combination to suit your requirements

Savouries  
Sandwiches  
Salads  
Meat Platter  
Cheese Platter  
Antipasti  
Cakes  
Desserts  
Fresh Fruit Platter

Please ring or email for a quote to suit your budget

### Atlas Salads

Freshly made to order  
Individual Salad Boxes  
£4.65

Salad base of mixed leaves, cucumber,  
cherry tomato, mixed peppers,  
beetroot, seeds and olives

Add one topping  
and choose your dressing  
Extra topping add 80p

#### Cheese

Mature Cheddar, Stilton, Goats, Brie,  
Mozzarella or Emmental

#### Meats

Roast Ham, Pastrami, Proscuitto,  
Chicken Breast, or Crispy Bacon

#### Fish

Tuna Mayo or Smoked Salmon

#### Other

Houmous. Mediterranean Roasted Veg  
or Egg Mayo

#### Dressings

Balsamic, French, Mayonnaise, Sweet Chilli Jam  
or Sweet Mustard Ketchup

### Atlas Signature Sandwich Menu

#### Vegetarian

Mozzarella ◦ Basil Pesto ◦ Sun Dried Tomatoes  
**Lentil Pate** ◦ **Cranberry Sauce** ◦ **Mixed Leaves**  
Stilton ◦ Mango Chutney ◦ Green Salad  
**Brie** ◦ **Guacamole** ◦ **Sun Sweet Tomatoes**  
Atlas Roast Vegetables ◦ Cream Cheese  
◦ Basil Pesto

**Free Range Egg Mayo** ◦ **Parmesan**

◦ **Red Onion** ◦ **Seeds** ◦ **Spinach**

Goats Cheese ◦ Sweet Olive Jam

◦ Sunsweet Tomatoes

**Houmous** ◦ **Seeds** ◦ **Spinach** ◦ **Salad**

#### Meats

Bacon ◦ Free Range Egg Mayo

◦ Plum Tomato ◦ Lettuce

**Pastrami** ◦ **Swiss Cheese** ◦ **Dill Pickles**

◦ **Wholegrain Mustard**

Proscuitto ◦ Mozzarella ◦ Basil Pesto

◦ Plum Tomato

**Roast Ham** ◦ **Mature Cheddar** ◦ **Tomato Relish**

Chicken ◦ Bacon ◦ Parmesan ◦ Spinach

◦ Sweet Mustard Ketchup

**Proscuitto** ◦ **Sweet Olive Jam**

◦ **Parmesan** ◦ **Plum Tomato**

Chicken Breast ◦ Plum Tomato

◦ Green Salad ◦ Mayonnaise

#### Fish

Tuna Mayonnaise ◦ Basil Pesto ◦ Plum Tomato

**Smoked Salmon** ◦ **Cream Cheese**



### Delivery service

City Centre £4.00  
Within 5 miles of City Centre £6.50

Atlas Deli Ltd.  
9 Pelham St  
Nottingham  
NG1 2EH

Tel: 0115 950 1295

Email - [lunch@atlasdeli.co.uk](mailto:lunch@atlasdeli.co.uk)  
[www.atlasdeli.co.uk](http://www.atlasdeli.co.uk)

Open 7 days a week

If you have any food allergies  
please let us know  
All products are subject to availability

